

**SAN FRANCISCO BAY SECTION**  
California Water Environment Association

**INKSPOT**

**FEBRUARY 2005**

**GREETINGS FROM THE PRESIDENT...**

**PHEW!! It's over, and another fantastic Annual Awards and Installation Banquet has come and gone. Once again the SFBS has put on a very eloquent and top-notch event. I personally have attended 3 other Local Section events this year and ours has been the best. (I may be prejudice in this thought).**

**The attendance was once again up there, over 150 attendees. The food was delicious. The bar overflowed all night long. And the award winners were many. (mentioned later in this newsletter).**

**The new Board was sworn in and will get together in February to set the tone and pace for the Section. We will dutifully keep thing sailing in the right direction.**

**Input from our valued members (you!) is of the utmost importance, so please contact one of this year's Board members if you have anything to add to this coming year's agenda.**

**On a personal note, I want to thank the Board for the recognition by presenting me with the Al Ditman Award. I was totally taken off guard and was thrilled to receive the award. Thank you for helping me sing "Happy Birthday" to my lovely bride. She and my children were excited over this.**

**I think I speak for all when I say thank you for spending your evening with us and we look forward to another fun filled and training filled year.**

**Thanks again,**

**Your Pres.  
Paul Louis**

## Musings from the Editor...

“Thank you”... “Good job”... “Congratulations”... “I appreciate your efforts”... “You make a difference”... “I’m sorry”... “You’re a good friend”... “We all make mistakes”...

Such simple words. Words that go a long way in having a positive effect on someone. Words like this are not necessary to say. Words like this are thoughtful and kind to say. Someone who regularly speaks like this is an indication of someone who is self-confident and just plain likes him or her self. It’s an indication of someone who has no need to make others look or feel bad just to make themselves feel good.

Whether it’s a homeless person on the street, a good friend, your child or spouse. Whether it’s your employee or boss or telemarketer on the phone. It doesn’t matter to whom we exhibit kindness. What matters is that kindness is spread. Spread outwards from ourselves. Why hold it in? Why be frugal with our kindness? Is there a shortage of it? Are we allotted only a certain amount and, therefore, need to hoard it and dole it out sporadically and only to those who are so-called “deserving” of it? Aren’t we all, by the common thread of humanness that we share, deserving of kindness?

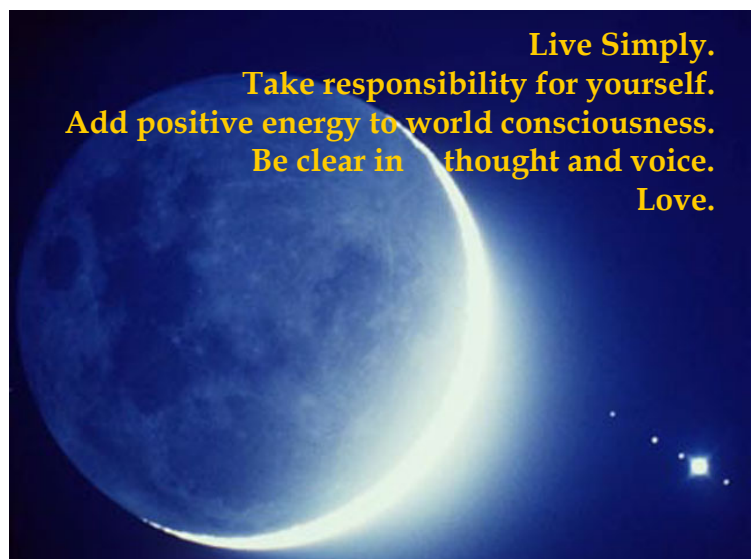
I know it’s difficult to live in this way ALL the time. The pressures we feel from the everyday stresses of life can make it difficult. Someone says or does something hurtful to us, it’s difficult to not want to retaliate in like kind. However... the cycle of reactions and retaliations can be never-ending. And, ultimately, it can only hurt ourselves.

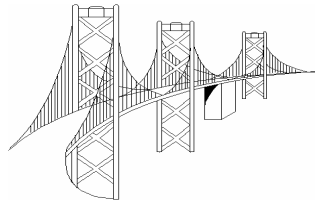
I am going to challenge all of us to look beyond our own noses and really try to understand how our words and our actions affect other people. AND, not only our words and actions... our non-verbalizing and non-action as well. These can be just as cruel and hurtful as the other.

You may wonder why I feel impelled to write about this in these Musings. Mostly, it is from my ruminations over the winter solstice and the new year as to what I want to create for my life. That is only part of the reason, however. The other is that I’ve had several recent experiences that bring me to write about this. Both from the offending end and from the receiving end. It’s actually quite amazing how little regard we can hold for our fellow humans. I really don’t care if it’s done consciously or unconsciously; it’s still my responsibility... each of our responsibility... to understand our impact on each other and on the world. And, I offer that I am as guilty in this as the next person.

So... what can I do? I can learn from my experiences. I can hold the intent for myself that I become more conscious of my impact on others. I can forgive myself for the hurts that I’ve caused. I can be a kinder person. I can look beyond my self and have compassion for others. I can, each and every day, live with an open heart and exhibit a bit of kindness.

And, as always, I can take responsibility for myself to make this world a better place.





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## CWEA San Francisco Bay Section *February 2005 Dinner Meeting*

**Featuring:** Chris Havstad, Brown and Caldwell  
"Integrating Data Pipelines"

Mr. Havstad will discuss how integrating data from a variety of distributed information systems into a single portal can streamline access and management and benefit your organization.

***Note that we are meeting on 2<sup>nd</sup> Thursday this month!***  
***FEBRUARY 10<sup>th</sup>, 2005***

**Where:** **Zio Fraedo's**  
611 Gregory Lane  
Pleasant Hill, California

**Dinner:** \$30.00 CWEA Members  
\$38.00 Non-CWEA Members

**When:** **Thursday, February 10, 2005**

5:00 – Board Meeting  
6:00 – Social Hour  
7:00 – Dinner  
8:00 - Presentation

**Choice of:** Prime Rib  
Chicken Piccata  
Salmon  
Vegetarian Entree

**Contact:** Rene Kempe of Carollo Engineers at [sfbs@carollo.com](mailto:sfbs@carollo.com) for dinner reservations. Include your name, agency or company affiliation, and menu selection.

**Reservation deadline is Friday, February 4, 2005.**

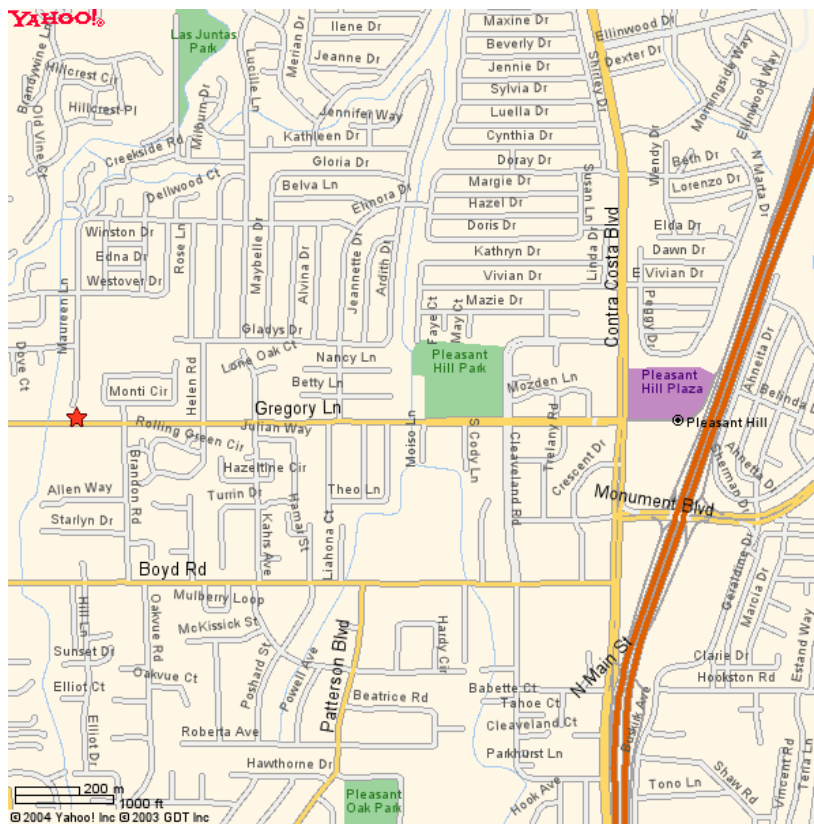
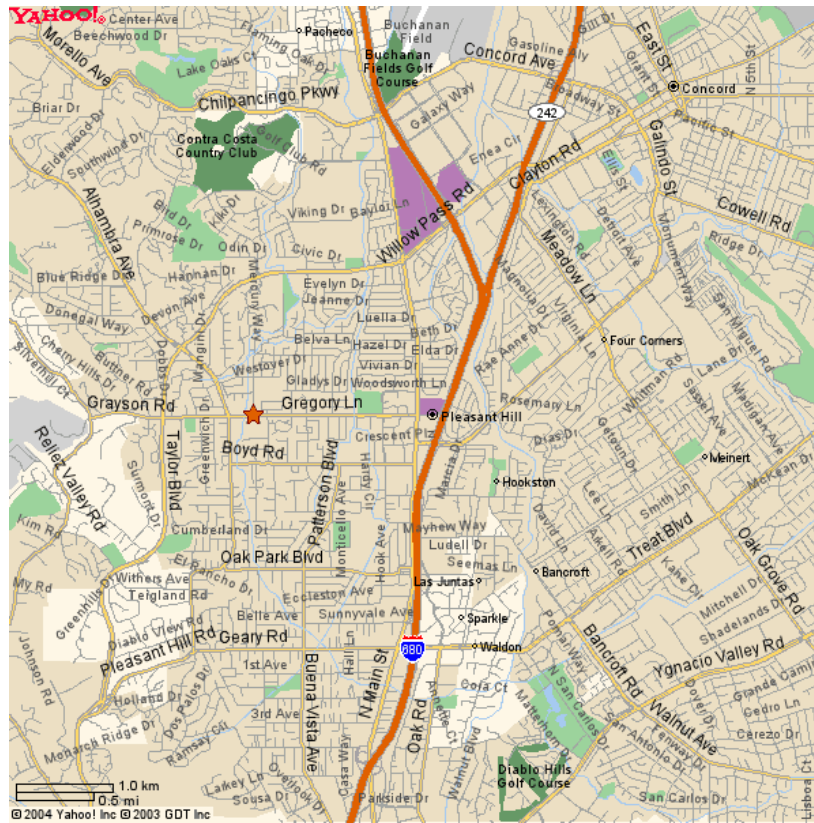
**REMEMBER – a reservation is a commitment to pay.**

**Directions: From 680 Southbound:** Take Highway 680 south to Monument Boulevard/Gregory Lane exit in Pleasant Hill. Follow the signs to Gregory Lane. Follow Gregory Lane to the restaurant at 611 Gregory Lane.

**From 680 Northbound:** Take Highway 680 north to the Monument Boulevard exit. Turn left on Monument Boulevard, and follow it to Contra Costa Boulevard. Turn right on Contra Costa Boulevard, and follow it to Gregory Lane. Turn left on Gregory Lane, and follow it to the restaurant at 611 Gregory Lane.

Please see map on following page.

★ Zio Fraedo's, 611 Gregory Ln., Pleasant Hill, CA 94523, (925) 933-9091



The San Francisco Bay Section congratulates our...

## 2004 AWARD WINNERS

Al Ditman Professional Development Award

**Paul Louis, Central Contra Costa Sanitary District**

Andy Stamatelos Memorial Service Award

**Angelino Santos, Oro Loma Sanitary District**

Collection Person of the Year

**Greg Williams, Castro Valley Sanitary District**

Collection System of the Year, Medium (250 - 500 miles)

**Oro Loma Sanitary District**

Electrical/Instrumentation Person of the Year

**Don Parker, Central Contra Costa Sanitary District**

Engineering Achievement Award

**EBMUD, Food Waste Receiving Station**

Mechanical Technician of the Year

**Don Botelli, Central Contra Costa Sanitary District**

Operator of the Year

**Joaquin Gonzalez, Delta Diablo Sanitation District**

Plant of the Year

5-20 mgd **West County Wastewater District**

>20 mgd **East Bay Municipal Utility District**

Plant Safety

**East Bay Municipal Utility District**

Research Achievement Award

**S.F. Southeast Water Pollution Control Plan, Extended Anaerobic Selector Testing**

Supervisor of the Year

**Dennis Laniohan, Delta Diablo Sanitation District**



**GREAT JOB GUYS!!!!!!**

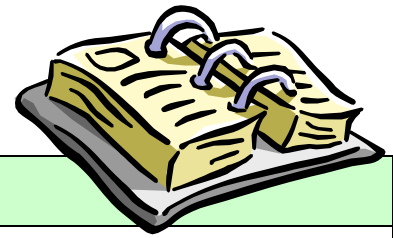
## And Welcomes our New 2005 San Francisco Bay Section Board

<b>President</b>	<b>Paul Louis</b>
<b>Vice President</b>	<b>Kevin Calderwood</b>
<b>1<sup>st</sup> Year Director</b>	<b>Rick Chan</b>
<b>2<sup>nd</sup> Year Director</b>	<b>Kevin O'Toole (the new kid on the block...)</b>
<b>Treasurer</b>	<b>Kevin Krajewski</b>
<b>Past President</b>	<b>Ray Busch</b>



OOH... so official!

# SFBS CALENDAR



<b>FEBRUARY/MARCH</b>	
<b>14</b>	<b>Valentine's Day, tell someone you love them...</b>
<b>14-20</b>	<b>Random Acts of Kindness Week</b>
<b>28 - 2</b>	<b>P3S Annual Conference, Monterey - Gayle Tupper 510-287-1608</b>
<b>APRIL 2005</b>	
<b>12-15</b>	<b>CWEA Annual Conference, Palm Springs</b>
<b>12 &amp; 16</b>	<b>CWEA Board Meetings, Palm Springs - CWEA 510-382-7800</b>
<b>14</b>	<b>NRC Meeting at CWEA Conference, 1:30 p.m. - Phil Scott 650-558-7673</b>
<b>27-30</b>	<b>CASA Spring Conference, Napa</b>
<b>SEPTEMBER 2005</b>	
<b>14-16</b>	<b>Northern Regional Training Conference, Redding - Clay Yerby 707-441-4360</b>

**More Photos from the Banquet...**



Feel free to contact the editor if you have specific requests for photographs from the banquet.

## SF BAY SECTION BOARD OF DIRECTORS AND COMMITTEE CHAIRS

<b>President</b> paul@centralsan.dst.ca.us	Paul Louis 925-229-7165	<b>Laboratory</b> cassie.prudhel@ssf.net	Cassie Prudhel 650-829-3840
<b>Vice President</b> kcalderwood@brwncald.com	Kevin Calderwood 925-210-2234	<b>Laboratory QA/QC</b> rayb@dwq.swrcb.ca.gov	Bill Ray 916-657-1123
<b>1<sup>st</sup> Year Director</b> rchan@carollo.com	Rick Chan 925-932-1710	<b>Membership</b> Fiorucci fioruccirw@bv.com	Randy 925-246-8000
<b>2<sup>nd</sup> Year Director</b> kotoole@whitleyburchett.com	Kevin O'Toole 925-945-6850	<b>O &amp; M Exchange</b> bdobey@centralsan.dst.ca.us	Bruce Dobey 925-335-7782
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