

SAN FRANCISCO BAY SECTION
California Water Environment Association

INKSPOT

NOVEMBER 2005

GREETINGS FROM THE PRESIDENT

October-November..... the beginning of busier times for most of us. Shorter days and longer nights means the cold, cold days of winter are just around the corner. Halloween, Veterans Day, Thanksgiving and don't forget a day at the polls. Is it me or did Christmas hit the stores before Halloween? I wish someone would fix that!

At work, we are shifting from the summer long projects and preparing for the wet days and all that comes with them. Treatment plants are preparing for multiple amounts of daily flows and collections are preparing for an increase in the number of service requests.

Your San Francisco Bay Section Committee is preparing for the Annual Awards and Installation Dinner. The date of January 13, 2006 has been set aside for the annual event and is going to held at the Marriott Hotel in Walnut Creek. Please plan on attending; it is always one of the best events of the year.

The Bay Section is looking for a new treasurer. Kevin Krajewski is moving on to the 2nd Year Director position and will be able to assist anyone who is interested in the Treasurer position. All board members are eager to talk with anyone who is interested.

Calling attention to all who are interested in learning how they might be able to become Collection System of the Year. Lenny Rather from Oro Loma Sanitary District is going to be the speaker at our dinner meeting on Thursday, November 3, 2005 at the Silver Dragon in Oakland. Lenny has been with his agency for many years and has been part of a group that has numerous awards and been recognized for its excellent work time and time again. I am looking forward to an evening full of outstanding information and guidance. I will be seated in the front row.

That's all for now.....
from the pres.

Paul Louis



Musings from the Editor...



There are times that life becomes so full with activity that it seems inevitable for chaos to be the inevitable consequence. There are times when we initiate changes in our lives that can be a cause for stress. I've been musing, this month, on the phenomenon of stress.

We endure stresses each and every day. Stressors can be self-inflicted or they can come at us from the exterior world. Think of your boss coming into your office to speak to you about a deadline unmet. Or think of yourself at the airport, the plane hours delayed, causing you to be late for an important activity. Think of yourself contemplating a change in jobs or selling your home and moving to a new town. All these are fodder for us to feel stress. And the question becomes: how do we handle the stress? Do we react or do we respond to the stress?

We do have a choice. We have a choice whether we will react or respond. The moment we begin to feel heartbeat quickening or palms becoming moist or stomach doing flip-flops... in that instant, we have a choice. It seems like a millisecond or it can feel like eternity. Regardless, it is long enough for us to take a breath... a deep breath... and to choose.

It is our conscious choice how we respond to anything and everything in our lives. It all coalesces to how we choose to perceive what we are experiencing. And, I think, the key to perception is to understand that we are creators of our lives. There is nobody "out there" doing anything to us; it is all, simply, us. I've written this before, in the context of being "victims of circumstance" or creators of our own reality. As soon as we take ourselves out of the role of victim, then we are freed to take responsibility (response-ability) for ourselves.

Imagine a friend who always takes the negative viewpoint or always finds fault in people and things. Imagine another friend who delights in life and sees the beauty in everything around him or her. Which do you think feels stress in a negative way? Which do you think is a more likely candidate for serious health maladies? Which is more fun to be around? And, which of these do you think is able to handle stress in a healthy manner?

It is amazing how our minds can take us to places of extreme anxiety and stress. I can create all sorts of scenarios that may or may not reflect reality. For instance... I wave to a friend across the street and she doesn't wave back. All of a sudden, my mind can make up all sorts of stories about this: Is she mad at me? Did I do something wrong? Does she not like me anymore? When, in reality, perhaps the sun was in her eyes and she just didn't see me.

Stressors will always be present in our day-to-day lives. What we need to remember is that we don't need to allow them to take control of us. We have a choice. And, to live a healthy and joyful life, it is important for us to remember this as we experience stress.

Take care and be safe.



"Think you can, think you can't; either way, you'll be right."

~Henry Ford

Plan Reading Seminar Registration Form

Title of Seminar: Plan Reading 101

Description of seminar: Greg Chung, P.E., from Kennedy Jenks Consultants will be presenting this class. He will focus on basic plan reading skills such as, drawing, organization, reading and using scales, reading schematic drawings, reading plan drawings (site plans, grading plans, building plans), locating details, and understanding sections. The class will be broken into two half-day sessions. The morning session will focus on plan reading for industrial pretreatment and stormwater compliance applications. The afternoon session will focus on plan reading for wastewater treatment plants.

Who should attend: Wastewater and stormwater professionals who in the course of their job read construction plans, process schematics and building/location layouts.

Date: November 10, 2005

Time: 9 am to 4 pm

Location: Wedgewood Banquet Center at Crystal Springs
Golf Course 6650 Golf Course Drive, Burlingame CA 94010
(Phone number: 650 342-6485)

Cost:

Members: \$50.00 pre-registration or \$55 at the door

Non-members: \$60.00 pre-registration or \$65 at the door
(cost includes refreshments & lunch)

CWEA Contact hours will be given. (# of hours TBD)

Registration information: (Each attendee is required to register)

Attendee: _____

Agency: _____

Address: _____

Phone number: _____

FAX number: _____

Email: _____

Please FAX registration forms to: N Domingo at (650) 591-7122
(For more info contact Norm at 650-594-8411 ext. 140 or ndomingo@sbsa.org)



SAN FRANCISCO BAY SECTION
California Water Environment Association

C W E A

Professional Development Committee

WET WEATHER ISSUES

Don't get caught with your pants down!

Who should attend:

- Design engineers
- Consulting engineers
- Operators and maintenance staff
- Training coordinators
- Plant/facilities engineers and managers
- Regulators and Permit Issuers

Thursday, Nov. 17, 2005
8:00 am to 4:00 pm
Registration from 8:00 to 8:30 am
Hs. Lordships Restaurant
199 Seawall Drive,
Berkeley, CA
510-843-2733

Topics include:

- Collection Systems Initiative in California
- SSO (Sanitary Sewer Overflow)
- Case Study: Replacement/Improve I&I
- National issues
- Case Study: Ballasted Flocculation
- Wet Weather Facilities Past, Present and Future
- City of Los Angeles Wet Weather Program



SPEAKERS

- Bryan Brock, State Water Resources Control Board
- Dave Williams, East Bay Municipal Utility District
- Domenec Jolis, San Francisco Public Utilities Commission
- Matt Larson, Carollo Engineers
- Ed McCormick, East Bay Municipal Utility District
- Adel Hagekhalil, City of Los Angeles
- Shawn Dent, Carollo Engineers



Earn up to 6 contact hours. For more information contact Polly Villarreal, EBMUD, pvillar@ebmud.com



Registration form for "Wet Weather Issues"

Early registration is encouraged due to space limitations. Seminar topics and speakers are subject to change without prior notice.

Name _____
 Agency/Firm _____
 Mailing Address _____
 Daytime Phone (____) _____ Fax # (____) _____
 E-mail Address _____ Need Contact Hours certificate? (Y/N) _____

Enclose Check Payable to: SF Bay Section, CWEA COST*: \$80 for CWEA Members
 \$100 for Non-Members

Check # _____ Please make a copy of this filled-in form for your records

MAIL TO: Bing Misra, Dublin San Ramon Services District
 7399 Johnson Drive, Pleasanton, CA 94588
 Phone: (925) 875-2323 Fax: (925) 846-2937

* Includes continental breakfast, lunch, and refreshments

Content by SFPUC - Wastewater Enterprise

CWEA
Santa Clara Valley Section and
San Francisco Bay Section
Laboratory Committee
Training Meeting

Date Tuesday, November 29, 2005

Topic The Wonderful World of BOD!
 The aches and pains of the BOD analysis!

Speaker Tony Pirondini
 Lab Supervisor
 City of Vacaville

Time 11:00 – 11:30 Registration
 11:30 – 12:30 Lunch
 12:30 – 2:00 Speaker Presentation (**2 Contact Hours**)

Location Hs Lordships
 199 Seawall Drive
 Berkeley, CA 94710
 510-843-8144

Cost CWEA members - \$28.00
 Non-members - \$33.00

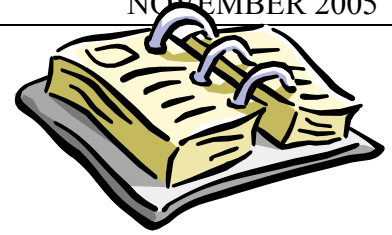


Space is limited, so make your reservations right away!

Please RSVP by November 24, 2005 to Cassie Prudhel – 650-829-3840 or
cassie.prudhel@ssf.net or Fax – 650-839-3855

!!Remember that a reservation is a financial commitment!!

Make check payable to: CWEA SCVS



SFBS CALENDAR

NOVEMBER 2005	
3	SFBS Dinner Meeting @ Silver Dragon, Oakland
10	Seminar: Plan Reading 101
17	Seminar: Wet Weather Issues
24	Thanksgiving... yum
29	Seminar: BOD Analysis
DECEMBER 2005	
21	Winter Solstice... the light cometh
JANUARY 2006	
18-21	CASA Conference, Indian Wells - www.casaweb.org
APRIL 2006	
4-7	CWEA Annual Conference, Sacramento - www.cwea.org

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**INTERESTED IN MANAGING
SAN FRANCISCO BAY SECTION'S COFFERS?**

THE POSITION OF SFBS TREASURER IS OPEN

It is a 3-year position, at the end of which, the person automatically moves into position of Second Year Director and moves through the Board positions. Nominations will be put to the membership for a vote later this year.

Please contact Ray Busch at rbusch@oroloma.org or 510-481-6962 to ask questions and/or to submit your nomination.

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SF BAY SECTION BOARD OF DIRECTORS AND COMMITTEE CHAIRS

President paul@centralsan.dst.ca.us	Paul Louis 925-229-7165	Laboratory cassie.prudhel@ssf.net	Cassie Prudhel 650-829-3840
Vice President kcalderwood@brwnald.com	Kevin Calderwood 925-210-2234	Laboratory QA/QC rayb@dwq.swrcb.ca.gov	Bill Ray 916-657-1123
1st Year Director rchan@carollo.com	Rick Chan 925-932-1710	Membership fioruccirw@bv.com	Randy Fiorucci 925-949-5950
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